

# BROWNS PLAINS LITTLE ATHLETICS CENTRE

## Newsletter 7<sup>th</sup> September 2019

### *WELCOME TO THE 2019-2020 SEASON AT BPLAC*

Hello, everyone and thank for coming to **Orientation days in the last two weeks** for the 2019-2020 season here at Browns Plains Little Athletics Centre. We are so excited to be back again for another season.

### **HOORAY! THE ATHLETE'S FOOT IS VISITING OUR CENTRE.**

We are very excited to announce that Athlete's Foot will be coming to the Centre this Saturday and will be showing new shoes available to athletics. They will be coming in at **7:30am**.

**TRY OUT DAY, Saturday 7<sup>th</sup> September 2019 at 8am.**

**Warm up start at 815 and first event at 820.**

For those of you who are new with us this season, we welcome you to our Centre and look forward to spending Saturday mornings with you. For those who are returning from last season, we hope you enjoyed your break and are looking forward to the new season.

At the beginning of each season, we ask for your patience and understanding. With the number of new members and their families joining us today, the morning may take longer than normal to complete.

**TRY DAY:** before we officially kick off the competition, we'd like to remind everyone that we are running our "tryout" sessions for the month of September. What does this mean? It means for those who are new to the centre, they have a two (2) week trial period, which must be consecutive weeks during the month of September unless circumstances prevent athletes from attending. **For try out**, we do not allow parents to be with the athletes on the inside of the track. At all times, parents are to respect the direction of the Committee and Officials whilst on the inside of the track. This is for everybody's safety and the smooth running of the competition. Whilst athletics is about the athletes, today is where the parents shine. You will learn all about the events and why we need you to participate.

## **CANTEEN: hot food to be ordered by 9.00AM**

In the canteen, the wonderful Angie would like parents to order any hot food – hot dogs, chicken burgers, pies and sausage rolls as she needs enough time to prepare them for collection. We also have tea and coffee as well as cold drinks, lollies and potato chips. It is easier knowing that you will be catered for instead of running out of food when you come off the field. Throughout the season, we will have an occasional sausage sizzle.

## **HOW CAN YOU, AS A PARENT, BE MORE HANDS ON?**

We are always pleased and grateful for support from you as parents. We are a not for profit organisation, so we depend on the help of volunteers. For us to successfully start our day, we do require a certain amount of assistance and that is where you come in to help.

There is no skill required. We may simply require you to be an age marshal- that is where we need you to supervise and assist an age group to and between events, or perhaps it could be as easy as pulling the tape measure on long jump, shot put or discus or just chasing down the shot put and discus. It really isn't that tricky. To do this is also a good opportunity for you to be with your child and be hands on with assisting them with their techniques.

## **WHAT YOU NEED TO KNOW**

**REGISTRATION-** Our Registration Officer is our fun-loving Alana Capner. All registration forms from last season's athletes are available to be collected by the parents near the entry to the Clubhouse.

**TRYOUTS-** all new athletes have the option to tryout before asking parents to pay for something they might not like to commit to. All trial athletes must be signed up for the tryouts. A fee of \$20 is required and this fee will come off their athlete's registration when they sign up.

**OFFICIALS-** Trish is our terrific Officials Officer. She has all the information required as to where you may be needed or how you can help. She can be found on the left hand side of the canteen, where you will be issued with the required badge and details of your assistance.

**FUNDRAISING-** fundraising is a very important part of our Centre. Chris is in charge of all our events and raffles, which we run each week. All of your fundraising monies goes straight back into the club, where we are able to purchase new equipment or put towards presentation day. We are always open to suggestions and most of all, your support when it comes to fundraising.

So, get behind our children and buy a ticket or two on your way into the Centre each week. Raffles are usually drawn before the start of the morning meet. Got to be in it to win it is a good motto. We will notify you each week to what we will be offering up as raffles for the next week.

The winners of the Father's Day raffle were Elijah Buol as the 1<sup>st</sup> place. 2<sup>nd</sup> was Angie Goodrope, 3<sup>rd</sup> Chris Williams, 4<sup>th</sup> Amy Jurgeleit and 5<sup>th</sup> was Nat Boon

### **TODAY'S RAFFLE: fruit tray from mega fresh**

**COMPETITIONS-** We are in a region of 10 Centres- Algester, Balmoral, Beenleigh, Browns Plains, Jimboomba, Mt. Gravatt, Redlands, Springwood, Sunnybank and Wynnum Manly. We compete against them twice a season – November with Regional Relays and February, 2020 with Regional Championships. The culmination from this is that athletes who compete and come first, second and third will compete against other regions at State level. More of this will be available closer to the date for nominations.

Outside competitions will be put up on the notice board and available on face book, our website and weekly newsletters. All competitions are at the parents cost, but what a great opportunity can be had by all who attend. Many friendships are formed in competition. Just keep an eye out for those upcoming competitions. All committee members can be approached for any queries. I will attach a list of the upcoming carnivals to the weekly newsletters to keep you informed of the closing dates.

**SPONSORS-** are a must for fundraising throughout the next 6 months. As you will see, most of our raffles come from our Centre sponsors. Please utilise them if you require a cash injection, for your grocery needs, fruit and vegetables, pet food, bread and pharmacy needs. I will attach a list of these sponsors to the weekly newsletters and they are available for your perusal on our website. You will also see the sponsor's names on our hurdles. Please see the back of this newsletter for a list of sponsors.

Thanks for coming to the Orientation Days. Have a great morning and learn what you can about Little Athletics.